

# Future-Proof Life Test

Future-proofing means taking steps today to make sure your life, skills, finances, and lifestyle can adapt and stay valuable no matter what changes happen in the future. It's about building freedom, choice, and time so you're ready for anything.

Answer each question by checking Yes (1 point) or No (0 points). Add up your points at the end to see how Future-Proof your life is.

## Freedom

1. I can decide how to spend my day without anyone else's permission.  Yes  No
2. I can work from anywhere I choose.  Yes  No
3. I can take a vacation without asking for time off.  Yes  No
4. I can make money without being tied to a single employer.  Yes  No
5. I can turn off my phone for 24 hours without stress.  Yes  No

## Choice

6. I choose who I work with or for.  Yes  No
7. I can say 'no' to projects or tasks without fear of losing my income.  Yes  No
8. I can live anywhere I want, not just where my work requires.  Yes  No
9. I choose when I work, not just how much.  Yes  No
10. I can walk away from toxic people or situations without financial hardship.  Yes  No

## Time

11. I have time to travel when I want.  Yes  No
12. I have time for hobbies or learning new skills.  Yes  No
13. I can spend meaningful time with people who matter to me.  Yes  No
14. I can take a day off at short notice without disruption.  Yes  No
15. I have time to rest and recharge without guilt.  Yes  No

## Scoring

13-15 points: You're living a fully Future-Proof Life.

9-12 points: You're on your way - a few changes could get you there.

5-8 points: You have some independence, but you're still tied down in key areas.

0-4 points: You're in a reactive life, not a future-proof one.

*Created by Freedom Hive GenZ Investing Podcast - Hank Svec*